

# PSYCH-K®



*Free  
Your  
Mind*

## Basic Workshop

25-26-27 January 2019

Ankara

### LEARN PSYCH-K®

#### TO CHANGE YOUR LIFE AND REVEAL YOUR FULL POTENTIAL!

Most of the time, we live with impeding subconscious beliefs, which limit our true potential and make it impossible for us to truly discover our boundaries. We are not even aware of the dominating strength of these beliefs, which prevent us to live the life we wish.

*"No matter what I do or how hard I try, it's never good enough."*

*"The decisions I make usually turn out wrong."*

*"If people knew the real me they wouldn't like me."*

*"I blame others (my boss, co-workers, my spouse, etc.) for my problems."*

*"I shouldn't try anything new or risky because I'll probably screw it up."*

*"It's not safe to ask others to help me because I can't trust them to do the job right."*

*"My opinion doesn't really matter."*

*"What I do isn't really important."*

*If you have such limiting beliefs, you are RIGHT!*

As long as you have such beliefs, your manifestations in life will keep on supporting them.

Recent scientific research shows that at least 97% of our life is automatically operated by our subconscious (unconscious) mind, without us noticing it. Often the subconscious is like a minefield of limiting beliefs and old outdated "programs" that are no longer worthy of who we are, or who we are becoming. These powerful but limiting programs and beliefs affect our lives in all aspects continuously, including relationships, self-confidence, financial status, career choice, and even our health and physical condition. In our lives, the reasons for these behaviors and performances that we cannot understand are also due to these belief patterns we are not aware of.

PSYCH-K® is a unique, easy, fast and effective method, developed to reprogram these long-established, dominating and limiting beliefs, which prevent a healthy and peaceful life. In other words, it is a way that liberates by restructuring all limiting mind mechanisms into supportive automatisms to realize one's full potential.

This method, with a proven record of success over 35 years by hundreds of thousands of people around the world, is a unique blend of various contemporary and ancient tools, derived from neuroscience research for permanent and comfortable change. It is a very practical process that transcends the standard methods of visualization, affirmations, will power, and positive thinking especially effective in the areas of behavioral/habit change, wellness and distress reduction.

**Good news:** through PSYCH-K® we can change without having to dig up our whole past. We don't have to know what has happened in order to transform it.

**More good news:** it is also self applicable. You can use PSYCH-K® alone to help yourself as well as to help others.

**There is even more good news:** anyone can learn it.

## **PSYCH-K® BASIC WORKSHOP IN ANKARA ON 25-26-27 JANUARY, 2019** (For Personal and Professional Use)

### **What will you learn in the PSYCH-K® Basic Workshop?**

- How are beliefs created and how do they affect our lives?
- What is PSYCH-K® and how does it work?
- PSYCH-K®'s unique muscle test and how to communicate with the subconscious mind?
- Security protocols to ensure the safety of the work.
- How to create well-formed, and compelling goal statements to enhance any area of your life?
- A goal clarification process, that makes it easier for the subconscious mind to better understand and assist you in achieving your goals.
- Two different processes for reprogramming subconscious beliefs, the 'New Direction Balance' and the 'Resolution Balance'.
- How to transform distress, traumas and fears into a peaceful perception permanently?
- Using PSYCH-K® with yourself and to change your limiting beliefs without the need of another person.
- Using PSYCH-K® to change your life or to help others to change their lives as soon as the Workshop is over.

So you will learn ways to use your subconscious as the greatest support force to achieve your goals. And to collaborate with your subconscious mind which automatically manages 97% of your life without you realizing it. Moreover, you do not have to memorize anything that will be taught. You will be given a workshop kit that guides you through the process quite clearly, step by step.

### **Which areas of your life you can work to transform along the Basic Workshop?**

#### **1) ALIGN YOUR BELIEFS WITH THE PRINCIPLES OF NATURE**

Tap into the Wisdom of Nature to create sustainable joy and happiness in your life.

#### **2) SPIRITUALITY**

Release subconscious resistance to experience your connection with Divinity.

#### **3) RELATIONSHIPS**

Create beliefs that support you in having healthy and loving relationships.

#### **4) HEALTH / BODY**

Reduce "emotional distress" and program your body / mind for optimal health and vitality.

#### **5) GRIEF / LOSS**

Resolve painful memories and find greater peace and happiness.

#### **6) SELF-ESTEEM**

Discover beliefs that can help you to deeply appreciate and accept yourself.

#### **7) PROSPERITY**

Replace old attitudes about money and change self-limiting beliefs about financial prosperity.

#### **8) PERSONAL POWER**

Increase your self-confidence and willingness to take positive and decisive action in your life.

## PSYCH-K® Basic Workshop Details:

**Instructor:** Eralp Caner

**Workshop Language:** Turkish-English

**Date and Time:** 25-26-27 January 2019, 09:00 am-06:00 pm

**Address:** Esinti Yaşam Atölyesi, Milli Müdafa Caddesi 12/18, Kızılay, Ankara

### Pricing:

750 USD- Early bird registration before January 11, 2019

800 USD- Registration after January 11, 2019

200 USD- Repeating participants

(Repeating participants will not be given a new workshop packet, they will be using their own materials.)

**For more information and registration please contact Esin Esen:**

**E-mail:** [info@esinti.org](mailto:info@esinti.org)

**Phone:** +90 530 913 5864

Important Notes:

Prices above do not include food and accommodation. Please ask if you need assistance.  
Please click [here](https://anewme.me/workshops/psych-k-basic-workshop/) for terms and conditions. (<https://anewme.me/workshops/psych-k-basic-workshop/>)

## Useful Links:

1. What did they say after the PSYCH-K® Basic Workshop? <https://youtu.be/iTi9d6J2ZW0>
2. PSYCH-K® Website: <https://www.PSYCH-K®.com/>
3. Research Documentary about the effects of the PSYCH-K® method on Stress (MS, Diyabet, Myastenia Gravis): <https://youtu.be/JKbshf8lp1U>
4. Rob Williams / What is PSYCH-K®?: <https://www.youtube.com/watch?v=pWvL2B1ImUk>
5. Rob Williams Explains Why PSYCH-K® Works?: <https://www.youtube.com/watch?v=b4cV9cVa5sc>
6. Rob Williams / Psychology of Change: <https://www.youtube.com/watch?v=3m7k7JauLTI&t=29s>