



PSYCH-K®

*Free
Your
Mind*

**Advanced Integration
Workshop**

**14-15-16-17 February 2019
Istanbul**

Welcome to the PSYCH-K® Advanced Integration Workshop!

After you enjoyed the impact of the PSYCH-K® foundational processes in the Basic Workshop, attend the Advanced Integration Workshop to take yourself to a new level of awareness and empowerment. If you are ready to accelerate and make sweeping changes in your life then this Advanced Integration Workshop is for you. It will change your life! It has been told by nearly all participants that there's a life before and after the Advanced Integration Workshop!

Join us on 14-15-16-17 February 2019 in Istanbul to experience it yourself.

How will you benefit from this experiential workshop?

You will learn to expand your skills and effectiveness as a catalyst for change for yourself as well as for others. You will increase the effectiveness and the impact of your transformational work with PSYCH-K®:

- Transform complex life issues into a new foundation for a healthy and fulfilling life;
- Strengthen the mind-body-connection using the power of breath, energy healing and new whole-brain-movements;
- Learn to disclose and transform underlying subconscious issues that have been impeding you achieving your goals;
- Accelerate the transformation process, eliminating the impact of self-limiting beliefs thus clearing the way to fully benefit from self-enhancing beliefs;
- Relationships are essential in life. Learn to identify challenges and insights that need to be dealt with to release stress and create valuable and comfortable relationships in your life;
- And much more...

Advanced Integration Workshop Content:

1. Verbal and Non-Verbal Communication

Learn how to create a deep sense of trust and safety with others in a matter of minutes, making it easier to communicate. A powerful process is used to create a situation of hemispheric integration when communicating with others, verbally and non-verbally. It helps to appreciate and accept the other person, and to connect easily and comfortably. Facilitating change becomes easier than ever before.

2. Belief Points

Learn 12 points on the body that are derived from ancient acupuncture. They represent key beliefs on the subconscious level that inform us about how we are limiting ourselves. When these points are combined with Energy Focusing, these subconscious beliefs can be accessed and changed in a matter of seconds.

3. Energy Focusing

A safe and effective process that allows you to *focus energy* to a Belief Point in order to change subconscious self-limiting beliefs quickly and easily.

4. Surrogation

A process using a surrogate (substitute person) to effect changes at a distance for someone not physically present. This approach can be used to expand your sphere of influence including people, as well as objects (like your house), qualities (like you're your inner child) or even pets.

5. Core Belief Balance

This balance aligns 13 Core Beliefs that support the manifestation of your full potential in life. It is frequently a profound alignment process that prepares the mind-body system for accelerated growth and change.

6. Relationship Balance

This balance will help you transform personal issues with others, and better understand the lessons to be learned in relationships. It will provide a clearer perspective on the value of relationships between parents and children, siblings, coworkers, spouses, friends and lovers.

7. Life Bonding Balance

The trauma of birth and the fear of death are two powerful aspects of human existence. This balance utilizes breath as a means of reprogramming the negative impact of these influences in our lives. By directing the breath back and forth between two power points in the body, you will learn to release stress associated with the birth and death experience and free yourself to experience the joy of life.

8. Energy Circle

An extraordinary experience utilizing group energy focusing. This is a wonderful opportunity to experience the awesome effects of giving and receiving concentrated unconditional love-energy!

In other words, you will learn new balances as well as how to use the power breath and energy for healing and there will be ample time to practice and to explore possibilities for various applications of these special balances.

WORKSHOP & REGISTRATION DETAILS:

Instructor: Eralp Caner

Language: English & Turkish

Dates: 14,15,16,17 February, 2019

Time: 9:00 am-6:00 pm every day

Venue: Workinton Maçka, Besiktas İstanbul

Pricing:

1100 Usd- Early bird registration before February 1, 2019

1200 Usd- Registration after February 1, 2019

400 Usd- Repeating participants

(Repeating participants will not be given a new workshop packet, they will be using their own materials.)

For more information please email info@anewme.me

For registration please click [here](#).

Important Notes:

- Prices above do not include transport, food and accommodation.
- Please ask if you need assistance. It is required to take the Basic Workshop before attending the Advanced Integration Workshop. Please inform us when and where did you take the Basic Workshop and who was your Instructor.
- Repeating participants will not be given a new workshop packet, they will be using their own materials.
- For terms and conditions please visit <https://anewme.me/workshops/psych-k-advanced-workshop/>