

# PSYCH-K®



*Free  
Your  
Mind*

**Health and Wellbeing  
Program**

**9-10-11-12 May 2019  
New York**

**“The active ingredient in mind/body healing is belief.”**

**-Robert M. Williams, M.A. Originator of PSYCH-K®-**

This Program is for PSYCH-K® enthusiasts, both professional and non-professional, who want to learn how to achieve and support optimal health and wellbeing, using a non-medical model.

The course is designed to develop one’s ability to address the underlying beliefs that limit wellbeing or may impair physical healing — that is, to go to the psycho-physical/spiritual source of the problem rather than remain at the level of the symptoms.

The requirements for the Program are completion of the Basic and Advanced workshops, a working knowledge of the Advanced Balances, in particular, the Core Belief Balance, and the Life Bonding Balance.

It is recommended, but not required, that one have: clinical experience of some kind.

# PSYCH-K® Health and Wellbeing Program Content

## **Collaborating with the “Mind Doctor”:**

Your “Mind Doctor” is the primary connecting factor for the PSYCH-K®, body/mind/spirit model of wellness, and is a strong ally in creating and maintaining a deep state of wellbeing in three critical levels of wellness: Physical, Psychological, and Spiritual. It is our assertion that the recognition and utilization of the mind as a vital part of wellness and is largely unrecognized and underutilized in the Western mainstream medical model. This program uses the concept of the “Mind Doctor” to create a more comprehensive model for optimal health and wellbeing.

You will learn how to collaborate with your "Mind Doctor"

## **The 4 Levels of Reality:**

How to be able to see a health and wellbeing condition from 4 different points of view, in order to find the best solution to the situation.

## **Improving your skills as a PSYCH-K® Facilitator to deal with Health and Wellbeing conditions.**

### **Optimal Health Balance:**

You will be introduced to, and experience balancing for, 22 beliefs related to the psycho-neuro-endocrine-immunology system. You'll test and balance 22 paired Belief Statements that are strongly correlated with people who enjoy high level of functioning as it relates to health and wellbeing. We refer to these beliefs as “the 22 long-life elixirs.”

### **Alternative Life Balance:**

The goal of this Balance is to bring into your current life all the beliefs and the physiology of a life free from any harmful or undesirable conditions affecting us. We will create the desired reality from a sensorial point of view and will activate biological, biochemical, psychological, and spiritual wellbeing responses in our present reality.

## **Managing a Condition Linked to Well-Being:**

You will learn key questions to ask our wellbeing Partner (and ourselves) and how to help him/her/ourselves to find the solution. You will see the importance of the Facilitator in this process and how to manage a session from its inception to its conclusion.

## **Transforming the perception of past/present/future stressful events:**

You will learn how to transform the perception of a “traumatic” or event stressful situation (i.e. the outcome of a medical exam) into a perception that will support the goal of reaching and maintaining a state of deep wellbeing.

## **Finding Messages and Secondary Gains Related to a Condition:**

Very often, learning and balancing to internalize the psycho-spiritual messages related to a limiting condition that's affecting our life, will illuminate the reason/ need for the condition to continue to exist in the body or mind. This can help facilitate the resolution of the condition.

The concept of Secondary Gain can help you discover if you (or your partner) have any “gain,” or actual benefit (usually psychological) in maintaining a condition or situation as it is. Most frequently, these secondary gains are at a subconscious level and we're not consciously aware of them.

## **Approaching reactive responses (usually called allergies and intolerances) in a different, fast and practical way.**

## **The Alignment with Divine Perfection:**

Surprise!

## **PSYCH-K® and First Aid:**

You will learn how PSYCH-K® can also be used as a useful complement in first aid situations before/ during/after the necessary medical treatment is done.

## **Prevention:**

You will learn a new way to understand the concept of prevention, and how to expand your consciousness regarding the true meaning of prevention.

And like in every other PSYCH-K® Workshop, you will experience everything you learn and you will transform for better!

## WORKSHOP & REGISTRATION DETAILS:

**Instructor:** Duccio Locati ([www.ieyes.org](http://www.ieyes.org))

**Language:** English

**Dates:** 9-10-11-12 May,2019 (4 days)

**Time:** 9:00 am-6:00 pm every day

**Venue:** Ripley Grier Studios, 520 8th Ave 16th floor, New York, NY 10018

### **Pricing:**

New Participants 1500 Usd

Repeating Participants 750 Usd

**For more information please contact Eralp Caner:**

E-mail: [info@anewme.me](mailto:info@anewme.me)

**For registration please click:**

<https://anewme.me/calendar/booking/>

### **Important Notes:**

- Prices above do not include travel, food and accommodation.
- It is required to take the Basic Workshop and the Advanced Integration Workshop before attending the Health and Wellbeing Program. In your request for registration, please inform us when and where did you take the Basic Workshop and Advanced Integration Workshop and who were your Instructors.
- The Instructor holds the right to change the venue of the workshop within the same city anytime.

### **Useful Links:**

- PSYCH-K® Welcome to the Evolution of Health Care : <https://youtu.be/ZxN1FU-ONsg>
- Research Documentary about the effects of the PSYCH-K® method on Stress: <https://youtu.be/JKbshf8lp1U>
- PSYCH-K® - Interview with Duccio Locati about Health and Wellbeing: <https://youtu.be/7SEI19K4aHk>